

# St Luke's Catholic Primary School Newsletter

Friday 16th September



## 25th Sunday in Ordinary Time

### A Message From Our Head Teacher

As our first full week in school comes to an end, there are lots of positives to reflect on. It has been lovely to see how well all of the children have settled back into their new classes, ready for the challenges ahead, in particular, our youngest members, the new Reception Class, who have impressed us all with how calmly and confidently they have settled.

Thank you to all our parents for making this a successful start to the new academic year.

Mrs Grealis  
Deputy Headteacher

### Important Dates for your Diary

Mon 19th Sept – Roald Dahl Celebrations  
Wed 21st Sept – Bishop Mark's visit  
Fri 23rd Sept – Conway Meeting 3.15pm  
Fri 23rd Sept – Tues 27th Sept- Life Caravan  
Mon 26th Sept - Clubs start  
Tues 27th Sept - Curriculum Evening:  
KS1 5-6pm KS2 6-7pm  
Wed 28th Sept – Parent E-Safety Meeting  
4pm

### Twitter

**DON'T FORGET TO FOLLOW US ON TWITTER**

**@stlukesfrodsham for school**  
**updates.**



### Healthy Snack

Just a reminder that children in FS2 and KS1 are provided with a piece of fruit or a vegetable each playtime. KS2 may also bring in a snack of fruit or vegetables.

### Letters sent out this week

- ⇒ **Building Fund**
- ⇒ **Earlybird**
- ⇒ **Conway Information Booklet**
- ⇒ **Y5/6 Delamere Trip**

### Mass for New Academic Year



Thank you to Father Kenny, who celebrated a special Mass about Friendship with all of the children in school last Thursday afternoon. This was a very meaningful start to the new academic year as we welcomed our new Reception children and our new member of staff, Mrs Erne. We hope that they will be very happy being a part of our St. Luke's family.

### Helsby High School

Pupils in Years 5 and 6 and their parents are invited to attend an open evening and/or morning at Helsby High School.

Open evening : Thursday 29th September 5.30-7.30pm

Open Mornings: Monday 3rd October 9.15-10.45am

Tuesday 11th October 9.15-10.45am

## **Menu Week 3**

Please note that there is a permanent change to the Week 1 menu. Beef has been replaced with chicken.

## **Twitter Accounts**

In addition to our school Twitter feed, @stlukesfrodsham, each Year group now has their very own Twitter feed. Follow your child's year group to find out some of the exciting things they have been up to in school that day!

Reception: @FS2StLukesFrod

Year 1: @Y1StLukesFrod

Year 2: @Y2StLukesFrod

Year 3: @Y3StLukesFrod

Year 4: @Y4StLukesFrod

Year 5: @Y5StLukesFrod

Year 6: @Y6StLukesFrod

## **Daily Mile**

Last Friday saw the launch of our Daily Mile, a national initiative to help all children improve their physical, emotional and social health and wellbeing by doing at least 15 minutes of physical activity each day. Without wasting time to change into kit, every child in school goes out each afternoon in the fresh air to run, jog or walk for 15 minutes. It is not competitive and most children average a mile, with some doing more and some doing less. It is not PE, sport or cross-country but a physical activity which is aimed at improving the children's physical, social, emotional and mental health and wellbeing. It can actually help children to focus and concentrate in the classroom and raise their attainment.



You can find out more about how the Daily Mile works by visiting [www.thedailymile.co.uk](http://www.thedailymile.co.uk).

## **Parish Secretary Vacancy**

The Parish have a vacancy for the Parish Secretary position starting around mid September. This is a paid role taking in approximately 6-10 hours a week on Wednesday and Friday mornings starting at 10am. The position deals mainly with correspondence and the production of the newsletter. If anyone in the Parish is interested, or knows of anyone who is, please contact the current secretary at [stlukesfrodsham@outlook.com](mailto:stlukesfrodsham@outlook.com)

## **Reception Children**



Frodsham Junior Football Academy starts on Sunday 18th September at 11.00am at Frodsham Leisure Centre. Bring a drink, shin-pads and £1 to join in the fun!



## **INSET Day**

If you require childcare on Monday 17th October, when school is closed for staff training, please contact The Den, who may be available on that day if there is enough interest.