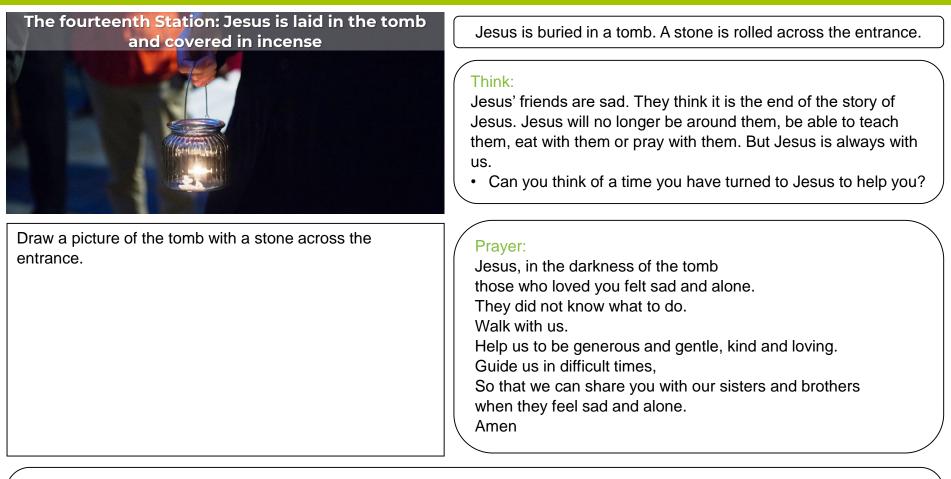


Stations of the Cross Activity

Catholic Agency for Overseas Development

Look at the stations of the cross on the CAFOD website: cafod.org.uk/primary/lent



Take action:

When times are hard, we don't always know what to do. We know that Jesus experienced difficult times too, but he always trusted in God's love for everyone, and that gives us hope. Choose a stone from a garden or outdoor area. See if you can find one that's rounded, like the shape of the stone across Jesus' tomb. Using a pencil, write the word 'hope' or 'love' on the stone. Put it somewhere in the house where you will see it often. You might like to hold it when you pray. Perhaps you could make one for someone else too!



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The fourteenth Station: Jesus is laid in the tomb and covered in incense	Jesus is buried in a tomb. A stone is rolled across the entrance.
	 Think: Jesus' friends are sad. They think it is the end of the story of Jesus. Jesus will no longer be around them, be able to teach them, eat with them or pray with them. But Jesus is always with us. Can you think of a time you have turned to Jesus to help you?
Draw a picture of the tomb with a stone across the entrance.	Prayer: Jesus, in the darkness of the tomb those who loved you felt sad and alone. They did not know what to do. Walk with us. Help us to be generous and gentle, kind and loving. Guide us in difficult times, So that we can share you with our sisters and brothers when they feel sad and alone. Amen

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Photo credit: Marcin Mazur.