Catholic Agency for
Overseas Development

## Always, sometimes, never

## Answer the questions below with 'always, sometimes or never'.

## You can miss out any that you don't do.

1. Do you turn off the tap while brushing your teeth?1
2. Do you have a shower instead of bath? ${ }^{2}$
3. If you take a bath do you fill it about a third? ${ }^{3}$

4. When you take a shower does it last less than four minutes? ${ }^{4}$
5. Do family members use the same water in a bath rather than refilling it?
6. Do you use used bathwater to water plants?
7. Do you save rainwater in a water butt to water the garden?
8. If you use tap water to water the garden, do you use a watering can rather than a hose?
9. When you wash dishes or vegetables, do you do them in a filled bowl of water instead of under a running tap? ${ }^{5}$
10. If you use a dishwasher or washing machine, do you always fill it before turning it on? ${ }^{6}$
11. Do you use tap water instead of buying bottled water?
12. If you are waiting for water from the hot tap to warm up, do you save the water to use for something else like watering plants?
13. When cooking, do you only fill the kettle or saucepan with as much water as you need?
14. Do you pour the remains of a glass of water down the sink if you do not finish it?
15. If you notice a leaking tap, pipe, or toilet, do you report it so it can be fixed?
16. Do you flush rubbish down the toilet when you haven't been?
17. If the toilet has two options for flush (short and long) do you use the correct option for that occasion? ${ }^{7}$
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[^0]:    ${ }^{1}$ Brushing your teeth with the bathroom sink tap running uses over six litres of water a minute. Source: waterwise.org.uk
    ${ }^{2}$ On average, it takes 80 litres of water to fill a household bath. Source: waterwise.org.uk
    ${ }^{3}$ For every 2.5 cm you reduce the depth of your bath, you save an average of five litres of water. Source: waterwise.org.uk ${ }^{4}$ If everyone in the country cut their showers to 4 minutes, we could save enough water to supply one million homes every day. Source: waterwise.org.uk
    ${ }^{5}$ Kitchen taps can use up to 25 litres per minute. Source waterwise.org.uk
    ${ }^{6}$ Washing machines account for $15 \%$ of a household's water use, and surveys show that the typical washing load is not at the machine's capacity. Source: waterwise.org.uk
    ${ }^{7}$ Dual flush toilets typically use 4-6 litres of water as opposed to old style flushes which use 13 litres of water. Source: waterwise.org.uk

