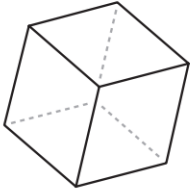
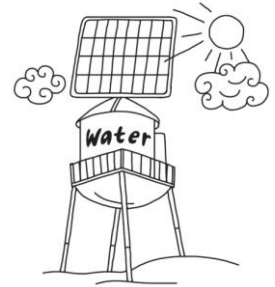


Grace cube



Thank you, God, for:

Draw your favourite food here



**Praise to you for Brother Sun, who gives us light.
Praise to you for Sister Water, so useful and pure.
Praise to you for Mother Earth, who gives us food.
Praise and thanks to God!
Amen**



From a prayer by St Francis of Assisi



**First the seed, then the grain.
Thank you, God, for sun and rain.
First the flour, then the bread.
Thank you, God, that we are fed.
Thank you, God, for all your care.
Help us all to share and share.**

Amen



**Bless us, O God,
as we sit together,
Bless the food we eat today,
Bless the hands
that made the food,
Bless us O God.**

Amen



My grace:

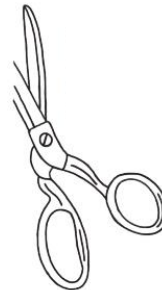
Write your own grace here



Find out what children around the world eat for dinner and use the recipes to make your own global meals.

Visit

cafod.org.uk/kidzzone



Many people in the world today are hungry.

Sometimes they have no water to grow their food.

Fabiano in Uganda now has water near his vegetable garden, thanks to CAFOD supporters.