

# Frodsham St Luke's Catholic Primary School

Following in the footsteps of Jesus, we learn, love and laugh together

W.C 01.06.2020: Learning Project - Sport Age Range: Year 5				
<b>Monday-</b> Ask your child to read the sports pages of a newspaper, visit <u>BBC Sport</u> , or the Sports page on <u>News for Kids</u> and consider the language used. They could add interesting language to a sports' word bank.	<b>Monday-</b> Take part in the <u>BBC Bitesize Daily Lesson</u> about Antonyms and Synonyms. You should then complete the Synonyms and Antonyms and Thesaurus Skills activities on <u>Grammar and Spelling Bug</u> .			
Tuesday- <u>Here</u> is a reading comprehension activity about circus performers. Ask your child to read the text in under 3 minutes and complete the questions. <u>Oak National Academy</u> will be delivering reading lessons on <b>Monday</b> and <b>Tuesday.</b> You should encourage your child to take part in these.	<b>Tuesday-</b> Take part in the <u>BBC Bitesize Daily Lesson</u> about Character Development and Semi-colons. Following this, you should try the colons and semi- colons activity set on <u>Grammar and Spelling Bug</u> . I have also set a semi-colons and colons test for you on <u>SPaG.com</u> .			
Wednesday- Ask your child to listen to and read along with <u>Arundel Swimming</u> <u>Pool</u> . Ask your child to summarise each verse using one word only.	<b>Wednesday-</b> Pick 5 Common Exception words from the <u>Year 5/6 spelling list</u> . Challenge your child to spell them as you throw a ball to each other. Every time the ball is thrown the next letter must be said. Can you think of synonyms and antonyms for each of your chosen words?			
<b>Thursday-</b> Encourage your child to read for enjoyment. This can be reading their reading for pleasure book, books from <u>Oxford Owl</u> or the texts that have been set on <u>Bug Club</u> . Your child should answer the questions after reading the texts.	<b>Thursday-</b> Take part in the <u>BBC Bitesize Daily Lesson</u> about Fronted Adverbials then complete the Fronted Adverbials quiz on <u>SPaG.com</u> . You should also encourage your child to take part in <u>Oak National Academy's</u> SPaG lesson.			
Friday- Your child can complete some reading comprehensions based on different sports and sports personalities. Some great examples are: Usain Bolt Women's World Cup Wimbledon	<b>Friday-</b> Can your child complete <u>this word search</u> which focusses on words ending in <b>-cia</b> l or <b>-tia</b> !? Can they find the meanings of these words too? You can access an activity exploring these word endings on <u>Grammar and</u> <u>Spelling Bug</u> .			
- Log on to Read Theory and complete some quizzes!	- Choose a spelling activity to do from the school website.			
- Take a look at this week's First News and Picture News.	- Practise previous spellings on Spelling Frame.			
I would love to know what you are reading at home… don't forget to share this to Twitter <u>@Y5StLukesFrod</u> or on this week's discussion page!	- Use Ninja Vocab to explore new vocabulary every day!			

Monday- Get your child to watch this <u>video</u> to understand the difference between reflection, translation and rotation. <u>Oak National Academy's</u> Maths lesson today explores different ways of representing decimals.			
<b>Tuesday-</b> Place several household objects on the ground indoors or in the garden spaced apart. Blindfold your child using a scarf and using the positional language, such as turn left, right, forwards, clockwise etc. give them instructions to lead them to the items. You could say something like: "Turn 90 degrees left, move forwards 3 spaces." Can your child follow the given instructions to find the object? Try swapping roles so your child is now giving the instructions.			
Wednesday- Using this <u>online resource</u> , ask your child to make a pattern and then reflect it. Or try <u>this activity</u> that allows reflecting, translating and rotating practice.			
Thursday (theme)- Have a go at some of the sports-themed challenges on NRich.			
Friday - Have a go at this week's Friday Family Challenges! How many challenges can you complete? <u>Oak National Academy</u> will be delivering Maths lessons exploring strategies for adding and subtracting decimal numbers on Thursday and Friday. You should encourage your child to take part.			
Activities have been set on <u>MyMaths</u> . Your child should complete these throughout the week. <i>I will be checking your scores – look out for feedback!</i> © This week's <u>BBC Bitesize</u> Maths lessons continue to explore Fractions. You should encourage your child to take part in these.			
Maths Multiply unit and non-unit fractions by an integerMaths Multiply mixed numbers by an integerMaths Problem solving with fractionsMaths Fractions of amounts in contextsMaths Challenge of the 			
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#### Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.

- <u>Sport Genius-</u>Ask your child to research about <u>sporting history</u> and see how many different <u>facts</u> they can find out about sports from the past. Ask them to create their own sporting trivia quiz which they can test out on members of the household. Or place different sporting events from the last 100 years onto a timeline.
- <u>Sporting Heroes-</u> Get your child to select their favourite sporting star. Then they can draw a portrait of them in the style of the famous pop artist <u>Roy</u> <u>Lichtenstein</u> using felt tip pens or paint.
- <u>Name that Sport -</u> Get your child to create an <u>orienteering map</u> of your home/garden. At each location they will need to create a question relating to a sport e.g. Which sport has the most rules? The answers can then be recorded on an orienteering sheet. How about giving them a challenge? Can they create an answer that begins with the letter of the next location? Get your child to test it out on a family member.
- <u>Beat It!-</u> Begin by getting your child to measure their resting heart rate by counting how many beats in a minute. Then get them to carry out an exercise e.g. running, skipping, star jumps etc. for 3 minutes. Once they have completed this they are to carry out a recovery activity e.g. walking or sitting and see how long it takes for their heart rate to go back to normal. Ask them to repeat this with different recovery exercises to see which is the most effective at getting their <u>heart</u> rate back to normal the quickest. Can they create a way of showing their results?
- <u>Anyone Can Be a Champion!</u> This activity is all about exploring the diversity of sport. Ask your child to research the history of the <u>Paralympics</u>. Discuss why we have the Paralympics. Get your child to create a poster which presents the importance of the Paralympics and the range of different sports there are.

I hope you all had a lovely half term! Thank you to those of you who have been sharing what you have been up to via Twitter! Don't forget to keep tweeting <u>@Y5StLukesFrod</u> and <u>@stlukesfrodsham</u> I'm looking forward to seeing more photos and tweets! ©

There will be a new weekly discussion set up on the <u>school website</u> every Monday! Please make sure you check in here at least once every week. I can't wait to hear from you all!

**STEM Learning Opportunities #sciencefromhome** 

#### **Heart Beaters**

- Can you tickle yourself? How many litres of blood do you have in your body? How many times does your heart beat in a day? Test your family with a body trivia quiz. Create your own cards or download some from here: <a href="https://bit.ly/2RFJVRN">https://bit.ly/2RFJVRN</a>
- The complete resource can be downloaded here: <u>https://bit.ly/3a9VtTU</u>

## Additional learning resources parents may wish to engage with

Year 5/ P6 online lessons Monday 1 June - Friday 5 June				BITESIZE Daily lessons
Monday	Tuesday	Wednesday	Thursday	Friday
<b>History</b> Anglo Saxons	Geography Fossil fuels and renewable energy	Science Life cycles in humans and animals	French School and hobbies	Design and Technology Mechanical systems

- Oak National Academy will be delivering a range of Foundation subjects throughout the week.
- IXL online. Click here for Year 5. There are interactive games to play and guides for parents.
- Mastery Mathematics Learning Packs. Take a look at the mastery mathematics home learning packs with a range of different activities and lessons.
- Y5 Talk for Writing Home-school Booklets are an excellent resource to support your child's speaking and listening, reading and writing skills.
- Under the Home Learning Tab on the school website, there is a wide variety of resources for lots of different subjects. You can find activities to support Maths, English, Physical Education and French.
- My Happy Mind You have access to our MyHappyMind programme both via the parent app and through the modules available on the school website. •
- Elsa Here is a link to support children's wellbeing and help them understand why school is closed https://www.elsa-support.co.uk/
- Children can continue to work through their Code Studio programme using their personal login details.
- Joe Wicks- The Body Coach will be delivering a daily physical workout for children of all ages.
- Duolingo- Use your login details to access your account and practise your French skills!

Maths activities which recap on previous learning have been set on the Active Learn (Pearson) website. Children should use their individual login details to access this. This is also the website on which your child can access Bug Club and Grammar and Spelling Bug.

# **#TheLearningProjects** in collaboration with



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