



Wednesday 1st March 2023

Dear Parents and Carers,

Each year on the second Sunday of Lent, we read about Jesus' transfiguration. Often in the Bible, mountains are described as sacred places. The encounter in this Sunday's Gospel took place on the holy Mountain - Mt Tabor.

This was a sacred moment and an encouragement to the three disciples too. For the first time they received a glimpse of the awesome divinity of Jesus and also a hint of the heavenly glory which God had prepared for them too.

The change in the way Jesus looked (his transfiguration), the extraordinary appearance of Moses and Elijah (who had both died many years earlier) and hearing the Father's voice from heaven, would have encouraged Jesus in his mission - to spread the Good News.

Enjoy exploring this Sunday's Gospel and this Wednesday's word, which is **ENCOURAGEMENT**.

Dom Henry Wansbrough



To see this week's Parish Version of The Wednesday Word: wednesdayword.org - Parents' Pages - Lectio Divina with Fr Henry.

THE GOSPEL IN CHURCH Sunday 5th March 2023



Jesus took with him Peter and James and his brother John and led them up a high mountain. There in their presence he was transfigured; his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. "Lord," he said, "it is wonderful for us to be here!" He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, "This is my Son, the Beloved; he enjoys my favour. Listen to him." When they heard this, the disciples fell on their faces, overcome with fear. But Jesus came up and touched them. "Stand up," he said, "do not be afraid." And when they raised their eyes they saw no one but only Jesus. Then Jesus said, "Tell no one what you have seen until the Son of Man has risen from the dead."

Adapted from Matthew 17:1-9

The 2nd Sunday of Lent, Year A

**Everyone can learn more about this Gospel
in Church - all are warmly invited.**

"May the Church always be a place
where everyone can feel welcomed,
loved and encouraged." Pope Francis



There are times when we all need encouraging: that is, to be inspired with courage and to have our hope renewed, especially when we are going through difficult times. If, like the disciples in this Sunday's Gospel, we too listen to Jesus, we will experience the encouragement that God offers freely to each one of us - today.



1 Our Special Time Together

Enjoy reading the Gospel overleaf (or below for younger children)

Peter, James and John went with Jesus to pray on a mountain top. While they were there, Jesus was transformed. His face shone like the sun and his clothes became as white as the light. Suddenly, Moses and Elijah, the great teacher and the great prophet of the Old Testament, appeared and were talking with Jesus. Then a bright cloud covered them with shadow, and from the cloud there came a voice which said, "This is my Son, the Beloved. Listen to him."



How did Jesus look when he was transformed on the mountain top? Which words stood out for you in this Gospel, and why? What does the picture make you think about?

2 Wednesday's Word is ...

ENCOURAGEMENT

3 Loving God & Each Other

"With God we can do great things. Jesus is always ready to encourage and support us."

Pope Francis

When we listen to and follow Jesus, our lives are transformed. We grow in faith and love and we are filled with words of encouragement. Ask your child what 'to encourage someone' means to them. Who encourages them and keeps them going when they find things difficult? How does it feel to be encouraged? Has your child ever encouraged anyone? What did they do?

By showing them his inner glory, Jesus encouraged the disciples.

Just like Jesus and the disciples, we all need encouragement. Do you know anyone who may need your encouragement? Each of you choose a way to encourage someone at home, at school or in the community during this Lenten season. Perhaps you can: offer words of support; let someone know when they are doing something well; give someone a helping hand if they are struggling; support and encourage each other in keeping CAFOD's Lent Fast Day this Friday (please see the feature below).

Dear Lord Jesus, thank you for coming to strengthen and **encourage** us. Help us to be more like you - to be an **encouragement** to those around us. Amen.

Gospel Gallery

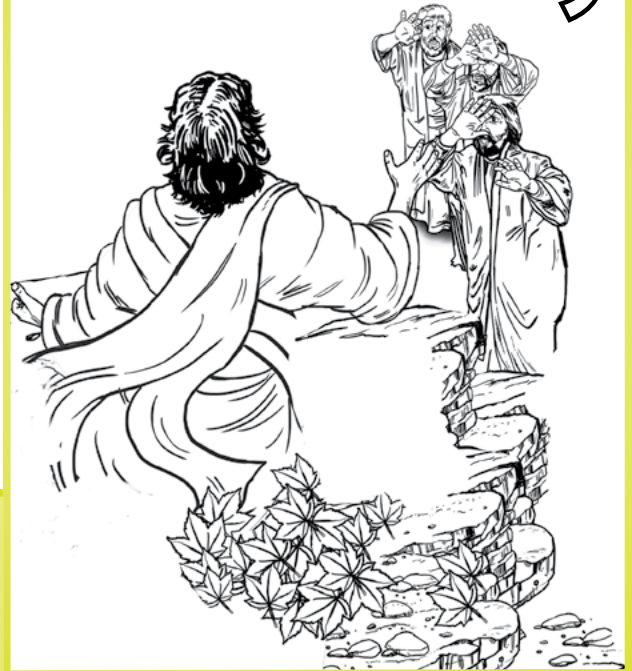
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WEDNESDAY WORDSEARCH

SMARTSEARCHERS FIND THESE EIGHT WORDS EITHER **ACROSS** OR **DOWN**

- JESUS CHANGED**
- FACE SHONE**
- MOSES ELIJAH**
- CLOUD VOICE**

SUPERSEARCHERS FIND THE WORDS **BACKWARDS** OR **DIAGONALLY**



Search for at least three differences between this picture and the colour one. Then draw them in before colouring.

Cross out the letters **d a h** in the jumbled words below to find 4 real words.

Sohnad Frodmah Lidstahen havodice

_____ the cloud there came a _____ which said,

"This is my _____, the Beloved. _____ to him."



This Friday is CAFOD'S Lent Fast Day.

Why not do something special this Lent and encourage some of the world's poorest people?

Find out more at cafod.org.uk/primary

Write a promise and then draw a big smile on Smiley

This week I will try my best to...

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