

A photograph of three young women standing in a lush green field, seen from behind. They are raising their hands to form heart shapes against a clear blue sky. The woman on the left has long brown hair and is wearing a white t-shirt. The woman in the middle has long dark hair and is wearing a black t-shirt. The woman on the right has long dark hair and is wearing a dark green t-shirt. The text 'Sacred Space' is overlaid in white on the sky.

# Sacred Space

27th April to 2nd May

St Nicholas Catholic High School

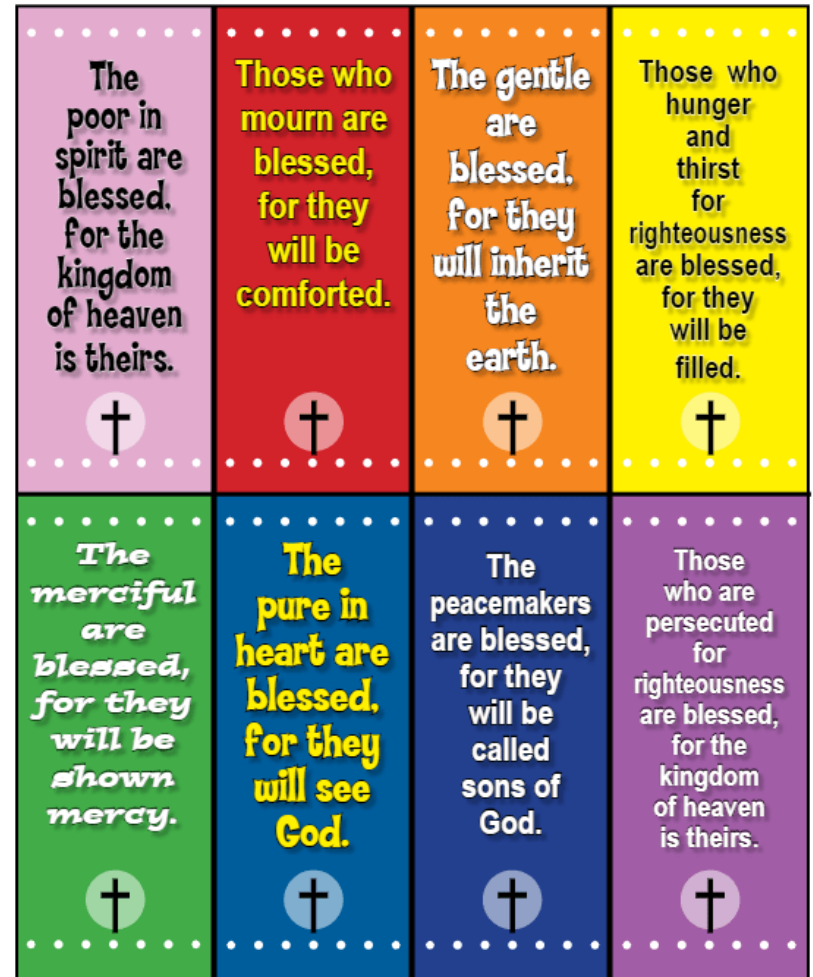
## Beatitudes for Today

Attached this week is a set of colouring pages around the theme of the Beatitudes and events going on at the moment. They were created by a youth worker in another diocese and as soon as I can find their name I will credit them.

Maybe spend some time with each image and the accompanying scripture verse. Treat them as a prayer meditation, taking each on in turn. You could colour them and/or you might write your own thoughts and prayers around them.

You may want to do this yourself or with your family.

If you are printing the pages from the booklet remember to choose 'current page' only.



# Sunday Gospel Luke 24:13-35

THE  
GOD  
WHO  
SPEAKS



Listen to the Gospel here

Two of the disciples of Jesus were on their way to a village called Emmaus, seven miles from Jerusalem, and they were talking together about all that had happened. Now as they talked this over, Jesus himself came up and walked by their side; but something prevented them from recognising him. He said to them, 'What matters are you discussing as you walk along?' They stopped short, their faces downcast.

Then one of them, called Cleopas, answered him, 'You must be the only person staying in Jerusalem who does not know the things that have been happening there these last few days.' 'What things?' he asked. 'All about Jesus of Nazareth' they answered 'who proved he was a great prophet by the things he said and did in the sight of God and of the whole people; and how our chief priests and our leaders handed him over to be sentenced to death, and had him crucified. Our own hope had been that he would be the one to set Israel free. And this is not all: two whole days have gone by since it all happened; and some women from our group have astounded us: they went to the tomb in the early morning, and when they did not find the body, they came back to tell us they had seen a vision of angels who declared he was alive. Some of our friends went to the tomb and found everything exactly as the women had reported, but of him they saw nothing.'

Then he said to them, 'You foolish men! So slow to believe the full message of the prophets! Was it not ordained that the Christ should suffer and so enter into his glory?' Then, starting with Moses and going through all the prophets, he explained to them the passages throughout the scriptures that were about himself.

When they drew near to the village to which they were going, he made as if to go on; but they pressed him to stay with them. 'It is nearly evening' they said 'and the day is almost over.' So he went in to stay with them. Now while he was with them at table, he took the bread and said the blessing; then he broke it and handed it to them. And their eyes were opened and they recognised him; but he had vanished from their sight. Then they said to each other, 'Did not our hearts burn within us as he talked to us on the road and explained the scriptures to us?'

They set out that instant and returned to Jerusalem. There they found the Eleven assembled together with their companions, who said to them, 'Yes, it is true. The Lord has risen and has appeared to Simon.' Then they told their story of what had happened on the road and how they had recognised him at the breaking of bread.



# Sunday Space

## Listen to the Gospel

I have put a 'reading' of the Gospel with the text as you may prefer to listen than read.

There's also a workbook on the Gospel attached – some of it may be a little young for you but maybe to share with siblings or the family.

I am praying for you every day and hope that you and your family are well. If you have any prayers you would like me to say for you, please email me. [M.gelling@st-Nicholas.Cheshire.sch.uk](mailto:M.gelling@st-Nicholas.Cheshire.sch.uk)

God Bless, Mairie

# Mindful Monday



At the start of the week, we try to begin with a sense of knowing where we are and where we want to be.



*Loving God*

*May everything I aspire to  
begin with your inspiration.*

*May everything you inspire in me  
be a reflection of your goodness.*

*Amen*

‘They said to him, ‘What must we do if we are to do the works that God wants?’ Jesus gave them this answer, ‘This is working for God: you must believe in the one he has sent.’ John 6

Jesus’ life is our example to live by. Scripture isn’t just an academic text – it’s the story of a life that we are meant to live.

‘I choose to worship ‘

[Rend Collective - the social distancing edition](#)

# Thankful Tuesday

THE  
GOD  
WHO  
SPEAKS



We often think about what we want. We rarely think about what we already have.

We are surrounded by good fortune. Take a moment to count your blessings.

*Loving God*

*Thank you for all that I have and have not noticed.*

*Thank you for the thoughtfulness of others.*

*Help me to appreciate those who bring goodness into my life.*

*Remind me to take nothing for granted.*

*Amen*

*In Christ alone*

Click on Image



# Wonder Wednesday

THE  
GOD  
WHO  
SPEAKS



Midweek can seem mundane – nothing special. ‘In the middle’ can leave you neither here or there. It’s good to take a moment and pay attention to the small but important something that may be in front of our eyes.

*Loving God*

*Help me to see real wonder; in creation, in the world around us and in our relationships.*

*Help me to appreciate those who bring goodness into my life. Remind me to take nothing for granted.*

*Amen*

*‘Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.’*

Matthew 11

Prayer encourages us to see the wider picture. Having God to lean on means that we can look up and out at the people and the world that surrounds us.

[Lean on me](#)



# Thoughtful Thursday

THE  
GOD  
WHO  
SPEAKS



Oh, Thursday already?  
Maybe time to focus on where  
the week is going?  
Anything that needs to change?

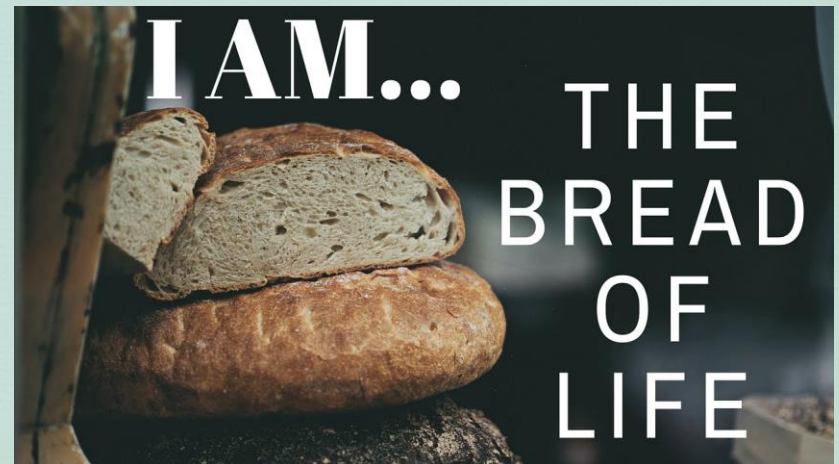
*Loving God*

*Help me to know that my paths are  
not set in stone. Every day is a new  
opportunity to make a difference.  
Give me courage to do that bit more.  
To be challenged by your love for  
me. Amen*

'I am the living bread which has  
come down from heaven.

Anyone who eats this bread will  
live for ever; and the bread that I  
shall give is my flesh, for the life of  
the world.' John 6

*I believe*





# Fabulous Friday



Before racing into the weekend, take a minute. Reflect back on your successes and your challenges.

Are you beginning Friday in the best place? If not, now's the time to make it right. If so - then - *Fabulous!*

*Loving God*

*Help me to celebrate the times I have done my best, times when I have achieved and times when I have learnt from my mistakes.*

*Help me to value my friendships and family support. Let the weekend be a time of rest and renewal*

*Amen*

'Paul began preaching in the synagogues, 'Jesus is the Son of God.'

One of the greatest stories of conversion is the story of how Saul became Paul. Change is always possible.

[How Saul became Paul](#)

[Happy](#)



I Pray We Don't Go Back To Normal...

1. I pray that the next time a friend grabs me and pulls me in for a hug, I actually take the time to appreciate the gift of their embrace.
2. I pray that when school resumes and people are dropping kids off, they take the time to thank the staff for the amazing gift that they give to our community.
3. I pray that the next time I'm sitting in a crowded restaurant I take the time to look around at the smiling faces, loud voices and thank God for the gift of community.
4. I pray that the next time I'm standing in church listening to the voices of praise and worship that I take a moment to thank God for the gift of congregation.



# Simply Saturday



*We pray today for all those  
affected by the Pandemic.  
And add our own intentions  
to the prayers of the world.  
Amen*