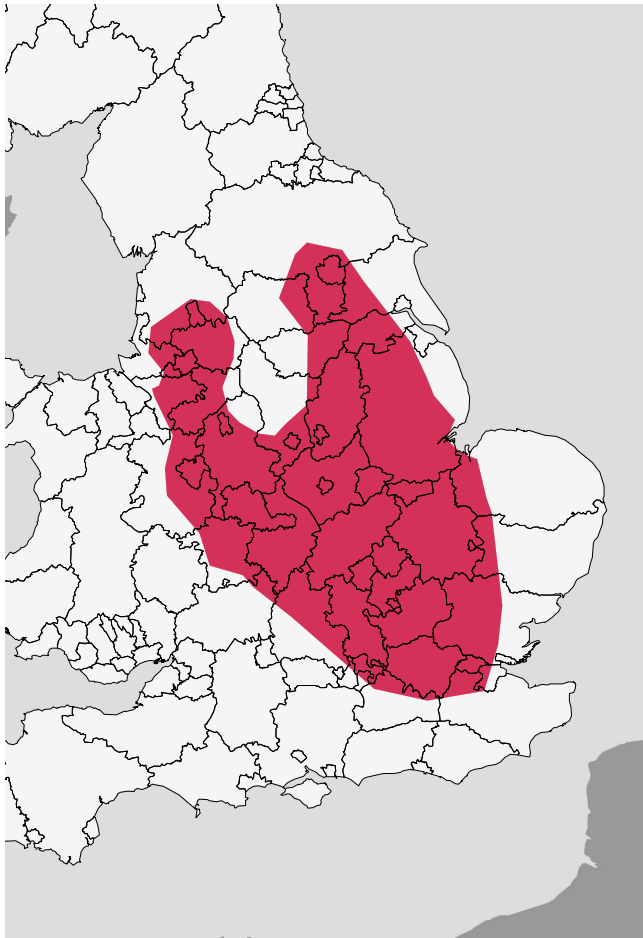




Red warning  
**Extreme Heat**

Between  
**00:00 Mon 18 Jul 2022** and  
**23:59 Tue 19 Jul 2022**



## An exceptional hot spell on Monday and Tuesday leading to widespread impacts on people and infrastructure.

### What to expect


- Population-wide adverse health effects experienced, not limited to those most vulnerable to extreme heat, leading to serious illness or danger to life. Government advice is that 999 services should be used in emergencies only; seek advice from 111 if you need non-emergency health advice.
- Substantial changes in working practices and daily routines will be required
- High risk of failure of heat-sensitive systems and equipment, potentially leading to localised loss of power and other essential services, such as water or mobile phone services
- Significantly more people visiting coastal areas, lakes and rivers, leading to an increased risk of water safety incidents
- Delays on roads and road closures, along with delays and cancellations to rail and air travel, with significant welfare issues for those who experience even moderate delays

**Issued at 10:28 Fri 15 Jul, 2022**

**For enquiries regarding this warning please contact the Met Office Weather Desk**

**Phone:** 0370 900 0100 **E-mail:** [enquiries@metoffice.gov.uk](mailto:enquiries@metoffice.gov.uk)

**Visit:** [www.metoffice.gov.uk/premium/hazardmanager](http://www.metoffice.gov.uk/premium/hazardmanager)

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### Further details

Exceptional, perhaps record-breaking, temperatures are likely on Monday, then again on Tuesday. Nights are also likely to be exceptionally warm for the UK, especially in urban areas. This is likely to lead to widespread impacts on people and infrastructure.

Temperatures are expected to drop away from Wednesday onwards.



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## All regions & authorities affected

### East Midlands

Derby Derbyshire Leicester Leicestershire Lincolnshire Northamptonshire Nottingham  
Nottinghamshire Rutland

### East of England

Bedford Cambridgeshire Central Bedfordshire Essex Hertfordshire Luton Norfolk Peterborough  
Suffolk Thurrock

### London & South East England

Bracknell Forest Buckinghamshire Greater London Kent Medway Milton Keynes Oxfordshire  
Slough Surrey Windsor and Maidenhead Wokingham

### North West England

Blackburn with Darwen Cheshire East Cheshire West and Chester Greater Manchester Halton  
Lancashire Merseyside Warrington

### South West England

Gloucestershire

### West Midlands

Shropshire Staffordshire Stoke-on-Trent Telford and Wrekin Warwickshire  
West Midlands Conurbation Worcestershire

### Yorkshire & Humber

East Riding of Yorkshire North Lincolnshire North Yorkshire South Yorkshire West Yorkshire York

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